



“We have the power to change the narrative. Let’s rewrite the story of our planet and ensure that it’s a tale of **resilience, sustainability & hope.**”

~Jamie Margolin~



# Sustainability

PRINCIPLES & PRACTICES PART 1

Sustainability embodies a holistic approach that meticulously considers the enduring well-being of our planet, its diverse inhabitants, and the interconnected systems that sustain them. Our actions today have implications for the future, and we have a responsibility to make choices that benefit not only ourselves but the broader world around us.



# Course Overview

## Sustainability Principles & Practices

### Part 1

This course offers a comprehensive introduction to the fundamental principles of sustainability. It establishes a solid foundation by exploring pivotal concepts and globally recognised frameworks that are indispensable for advancing sustainability practices.



➤ MODULE 1

# Introduction to Sustainability

At its core, sustainability seeks to integrate environmental health, social equity and economic viability, addressing challenges to achieve a balanced and enduring coexistence. Embracing sustainable practices enables us to pursue a future characterized by environmental health, social equity and economic prosperity for both present and future generations.



## Recognise

the profound significance of sustainability and its relevance in our modern world.

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## Discover

the three pillars of sustainability, encompassing environmental, social, and economic dimensions.

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## Explore

the historical evolution of sustainability, tracing its path as it integrates environmental, social, and economic considerations over time.

➤ MODULE 2

# Global Environmental Challenges

Global environmental challenges represent some of the most critical and urgent issues facing humanity today. Understanding these challenges is essential for developing effective strategies to mitigate their impacts.



## Ascertain

the key areas of concern in global environmental challenges such as climate change, resource depletion and pollution.

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## Discover

the causes, and factors contributing to these challenges.

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## Acknowledge

the wide-ranging effects and impacts of these challenges.

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## Explore

the potential solutions, and strategies for mitigating these challenges.

➔ MODULE 3

# Sustainable Development Goals

The three pillars of sustainability—environmental, social and economic—are deeply intertwined with the 17 United Nations Sustainable Development Goals (SDGs). Each SDG addresses aspects of at least one of these sustainability pillars.



## Discover

the 17 Sustainable Development Goals (SDGs).

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## Explore

the integration Of Environmental, Social, and Economic considerations within the SDGs.

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# Sustainability

PRINCIPLES & PRACTICES PART 2

# Course Overview

## Sustainability Principles & Practices

### Part 2

Building upon the foundational knowledge established in Part One of the Sustainability Principles & Practices course, this advanced segment explores the intricate and multifaceted dimensions of sustainability. It offers a comprehensive examination of the critical aspects across environmental, social and economic perspectives, providing participants with a thorough understanding of the complexities and interconnections that define sustainability in today's world.





## MODULE 1

# The Principles & Practices of Environmental Sustainability

Environmental sustainability refers to the responsible and balanced utilization of natural resources. This involves making choices and implementing strategies that minimize negative impacts on the environment, promoting conservation, and maintaining ecological balance.



### Prioritize

the efficient and fair use of natural resources.

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### Understand

the long-term health and sustainability of our ecosystems and the planet.

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### Comprehend

the environmental contexts and components.

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### Identify

the principles of environmental sustainability.



## MODULE 2

# Social Sustainability & Community Well-being

The social context is a critical component of the sustainability pillar, often referred to as “social sustainability”. Social sustainability focuses on the well-being of individuals, communities and societies, emphasizing equity, social justice and the quality of life for all members of society.



### Understand

the social context within sustainability.

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### Focus

on equity, social justice, and quality of life.

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### Discover

the key aspects of social sustainability.

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### Explore

the principles and components of social sustainability.



## MODULE 3

# Economic Sustainability

Economic sustainability focuses on ensuring that economic activities are conducted in a manner that promotes long-term prosperity for organisations and individuals while minimizing negative impacts on the environment and society.



### Promote

long-term prosperity through sustainable economic activities.

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### Mitigate

negative impacts on the environment and society.

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### Explore

the principles and characteristics of economic sustainability.

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### Strategies

to achieve economic sustainability.



## **COST**

HRDC claimable

Part 1 - RM140

Part 2 - RM140

## **COURSE DURATION**

Part 1 - 2 hours - on demand 24 x 7

Part 2 - 2 hours - on demand 24 x 7

## **METHODOLOGY**

Self-paced interactive online course

## **OUR CONTACT DETAILS**

Nur Inspirasi Sdn Bhd (1184263-V)

**E:** [sales@greenearth.finance](mailto:sales@greenearth.finance)

**T:** +6012 544 8918